

# ENERGY LEVELS DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

- 1) What is energy?
- 2) How important is energy?
- 3) Do you always have a lot of energy?
- 4) What times of the day do you have most / least energy?
- 5) What affects your energy levels?
- 6) How can you quickly change your energy level?
- 7) Do you know people who have bundles of energy?
- 8) Do you ever have too much energy in your body?
- 9) Why do you think some people have lots of energy while others have little energy?
- 10) Do you always have enough energy to study English?

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# ENERGY LEVELS DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

- 1) What things do you do that require a lot of energy?
- 2) What do you do when you are running low on energy?
- 3) Do you ever have no energy to do something?
- 4) Have your energy levels changed as you've become older?
- 5) What do you do for an energy boost?
- 6) Does the place you are in affect your energy levels?
- 7) Does thinking require a lot of energy?
- 8) How are your energy levels right now?
- 9) Do you like being with people who are always full of energy?
- 10) What things don't you have the energy to do right now?

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